



'समानो मन्त्रः समितिः समानी'

UNIVERSITY OF NORTH BENGAL
B.A. Honours 2nd Semester Examination, 2023

GE1-P2-EDUCATION
NEW AND OLD SYLLABUS

Time Allotted: 2 Hours

Full Marks: 60

The figures in the margin indicate full marks.

The Question paper consists of GE-2A and GE-2B. The Candidates have to answer any *one* from the *two* sets. Candidates should mention it clearly on the Answer Book.

GE-2A

YOGA EDUCATION

GROUP-A

Answer any *four* questions

3×4 = 12

1. Define Yoga.
2. What is the aim of Yoga Education?
3. How can we say Yoga as a stress reducer?
4. What do you mean by healthy life style?
5. What do you mean by stress?
6. Write about the founder of yoga philosophy.

GROUP-B

Answer any *four* questions from the following

6×4 = 24

7. Explain the meaning and nature of Yoga Education.
8. Discuss about the different types of Yoga.
9. Mention certain general guidelines for performing Yoga Education.
10. Write about Yoga Philosophy and Yoga Education.
11. Discuss how Yoga has been reflected in Bhagwat Gita.
12. Describe the need of Yoga for healthy lifestyle.

GROUP-C

Answer any *two* questions from the following

12×2 = 24

13. Discuss the relationship between Sankhya Philosophy and Bhagwat Gita.
14. Write the historical background of Yoga Education.
15. Discuss the significance of Yogic texts in the context of schools of Yoga.
16. What do you mean by Asta-Yoga? Discuss its role in Yoga Education.

GE-2B

HUMAN RIGHTS EDUCATION

GROUP-A

Answer any *four* questions

3×4 = 12

1. What are the three objectives of Human Rights Commission?
2. Explain the meaning of Human Rights.
3. What is Liberty?
4. What do you mean by Unity in Diversity?
5. What are the duties of human rights?
6. Write down three roles of Supreme Court.

GROUP-B

Answer any *four* questions

6×4 = 24

7. Trace out the roles of educational institution in imbibing values of human rights in the minds of young children.
8. Critically discuss the universal declaration of human rights in brief.
9. Discuss the roles and functions of Human Rights Commission.
10. What are the significance and limitations of human rights?
11. Discuss the duties of United Nations in protecting Human Rights.
12. What are the Human Values?

GROUP-C

Answer any *two* questions

12×2 = 24

13. Critically discuss the roles of High Court. 12
14. Explain Human Rights Act, 1993. 12
15. Discuss the roles of NGO's, Press and Media, as an advocacy groups in supporting Human Rights. 12
16. Discuss the role and functions of United Nations and briefly explain its limitations. 4+4+4

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